



Membership Prices and Packages

Adult memberships

	BLUE	YELLOW	GREEN
Fitness Gym	Included, unlimited	Not included	Included, unlimited
eGYM	Included, unlimited	Not included	Included, unlimited
Group Exercise Classes	Morning classes, Monday-Friday only	Evening and weekend classes only	All classes included
Boditrax (body composition)	Included, unlimited	Included, unlimited	Included, unlimited
Intro sessions with instructor	3 sessions included	1 session included	3 sessions included
Personal programme	Included	Not included	Included
First 12 weeks support programme	Included	Included	Included
Goal setting and monitoring	Included	Included	Included
Weekly healthy recipe	Included	Included	Included
Monthly optional weigh-in	Included	Included	Included
Non-attendance chaser	Included	Included	Included

Adult Single	Start-Up	Monthly	Start-Up	Monthly	Start-Up	Monthly
Club Basic (No minimum contract)	£22	£29.75	£16	£29.75	£22	£37.00
Club Super Saver (12 month minimum contract)	£22	£27.75	£16	£27.75	£22	£34.25

Adult Partners	Start-Up	Monthly	Start-Up	Monthly	Start-Up	Monthly
Club Basic (No minimum contract)	£30	£53	£24	£53	£30	£62
Club Super Saver (12 month minimum contract)	£30	£49	£24	£49	£30	£58

Pay in advance for any membership and get 12 months for the price of 10 and no start-up fee.

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Senior Memberships (58+ years)

Senior Single	Start-Up	Monthly	Start-Up	Monthly	Start-Up	Monthly
Club Basic (No minimum contract)	£22	£26.75	£16	£26.75	£22	£34.00
Club Super Saver (12 month minimum contract)	£22	£24.75	£16	£24.75	£22	£31.25

Senior Partners	Start-Up	Monthly	Start-Up	Monthly	Start-Up	Monthly
Club Basic (No minimum contract)	£30	£46	£24	£46	£30	£55
Club Super Saver (12 month minimum contract)	£30	£43	£24	£43	£30	£50

Off Peak Membership

If you only require daytime use of the fitness gym and eGYM then our off-peak membership may be the ideal option for you.

Hours of use: Mon-Fri: 10.30am-3.00pm Sat: 12.00pm-6.00pm Sun: 9.00am-6.00pm

Membership Type: Adult single, Club Basic only (no minimum contract)

Start-up fee: £22.00

Monthly fee: £24.00

Advance Membership

Pay for the year in advance and save money.

12 months for the price of ten and no start-up fee.

Advance Memberships	BLUE	YELLOW	GREEN
Adult Single	£297.50	£297.50	£370
Adult Partners	£530	£530	£620
Senior Single	£267.50	£267.50	£340
Senior Partners	£460	£460	£550

How to join

Just pop in to reception when you're ready – no appointment needed. We look forward to having you on board!